

Best Practices

Best Practice I: Snehodayam

Objectives:

Snehodayam constitutes the college's Institutional Social Responsibility (ISR). It is an amalgamation of several social outreach and charitable programmes that the college has conducted under the auspices of the IQAC, NSS, Clubs, Committees and Departments. It includes various programmes and practices aiming to instill a sense of social commitment, empathy and inclusiveness in students.

The Context:

The institution is dedicated to the holistic development of students, and considers it a duty to inculcate a sense of social responsibility in students alongside delivering the curriculum. One of the goals of our institution has always been to empower women as citizens who contribute to the betterment of society. 'Snehodayam' was initiated with the aim of self-improvement through social outreach.

The Practice:

Activities are based on the needs of the community, and are carried out through active partnership and cooperation between students, faculty, staff and society.

Significant initiatives include:

- Donation of grocery to the residents of Mahila Mandir by NSS Volunteers on 27/03/2024
- Donation of Electronic Items to Sreekaryam Orphanage on 27/03/2024
- Fund Donation- Rs 50,000 was donated to Voice of Voiceless foundation by NSS Volunteers on 27/03/24
- Donated clothes to the residents of Government Old Age Home at Poojappura on 27/03/24
- Community Visit to Amma Old Age Home by NSS Volunteers on 21/03/24
- AKSHARAM – Distribution of stationery items to Sree Chitra Home on 16.03.24
- The Department of Hindi donated Study materials at Ananda Nilayam, Kuriathy on 15/3/24 as a part of Extension activity.
- A cultural programme conducted at Old Age Home by the NSS Volunteers on 11/03/24 to 12/03/24
- The Department of Hindi donated food for the patients of Regional Cancer Centre, Medical College, Trivandrum on 09/02/2024
- As part of the extension activity, Second-year B.Com students collected Rs. 10,000/- to give to needy individuals. On 06/02/2024 an amount was handed over to a student's family by her classmates..
- The Department of Philosophy organized an Exhibition " Ekata" on 25-01-2024. The exhibition was a thought provoking and intense experience that helped students explore

fundamental questions, ideas, and themes from various philosophical perspectives. Students and teachers from MMRHS also participated in the programme.

- Final year students from the Department of Music performed at Marion play home ,a school for differently abled children on 25-1-2024.
- Food Packet Distribution - The Department of Economics distributed 300 Food packets in RCC, Trivandrum as part of extension activity of the department on 05/01/2024.
- ITHAL- Weekly Mentoring Programme started on 13/01/2024 by the College Union.
- NIRAV - College Union members providing Home Cooked food packets to Regional Cancer Centre – Programme was scheduled to provide home cooked lunch packets every Friday by students & staffs of the college it was inaugurated on 05/01/24.
- Water Purifier Donation at Rajeswari Foundation by NSS Volunteers on 31/12/2023
- New Year Celebration with the inmates of Rajeswari Foundation by NSS Volunteers on 31/12/23
- New Year Celebration at Sree Chitra Home by the NSS Volunteers on 30/12/2023
- Book Donation by NSS Volunteers to Sree Chitra Poor Home on 30/12/23
- AMRITHA VARSSHINI – Conducted entertainment programme providing joy to the children suffering from Bone Disease at Muscat Hotel on 28/12/23
- Orientation Programme for Parents on Employment Opportunities for Students with Special Needs on 02/12/23
- The Department of Commerce visited “Swapnakoodu” - Old Age Home on 3/11/23 to donate stationery and grocery items to the inmates
- Food Packets donation to the bystanders at Medical College by NSS Volunteers on 25/09/23
- Fund Collection & Vegetable Kit Donation to the needy families near the college by NSS Volunteers on 25/08/24
- Vegetable Kit Donation to the public by NSS Volunteers on 24/08/2023

Evidence of Success:

The enthusiastic participation of students in all programmes shows the success of the efforts initiated by the institution in this direction. In addition to this, students have brought laurels to the college by being recognised and awarded for their service to society, especially in areas of Palliative care, anti-drug awareness, and NSS activities. Support provided for treatment of patients also shows signs of success through their recovery.

Problems Encountered and Resources Required:

The extent of activities conducted could have been expanded in terms of significance and reach had we been able to get financial support from agencies, NGOs etc. Packed time schedule of curriculum delivery has also been a hindrance in some situations.