

RESUME

Dr. Sheeja P R
Associate Professor & Head, Department of Home Science
HHMSPB NSS College for Women, Neeramankara
Thiruvananthapuram, Kerala

I. GENERAL INFORMATION

1.	Date and Place of Birth	:	31.05.1974, Trivandrum
2.	Nationality	:	Indian
3.	Father's Name/ Mother's Name	:	N.Pankajakshan Nair
4.	Mobile No:	:	94965 46848
5.	Email	:	somsiv@gmail.com
6.	Permanent Address (with Pin code)	:	Hrishikesh, VGRA 34, Vrindavan Gardens, Kawdiar.P.O, Thiruvananthapuram PINCODE: 695003
7.	Address for correspondence (with Pin code)	:	Dr. Sheeja P R Associate Professor & Head Dept. of Home Science H.H.M.S.P.B N.S.S.College For Women, Neeramankara Thiruvananthapuram- 695040

II. ACADEMIC QUALIFICATIONS

Examinations	Name of the Board/ University	Year of Passing	% of Marks obtained	Division/ Class/ Grade	Subject
SSLC	Board of public Exam. Kerala State	1989	59.6	II class	SSLC
Pre Degree	University of Kerala	1991	52.2	II class	Chemistry, Biology, Home Science
B.Sc.	University of Kerala	1994	71.3	I class	Home Science
M.Sc.	University of Kerala	1996	69.4	I class	Home Science
UGC-NET	UGC	2000	Qualified		Home Science

III. RESEARCH DEGREE

Degree	Title	Date of Award	University
Ph.D.	Job Performance of Female Health Workers In Reproductive and Child Health Programme in Thiruvananthapuram District	16.05.2014	University of Kerala

IV. PROFESSIONAL DEVELOPMENT PROGRAMMES ATTENDED

Name of the Course /Summer School	Place	Duration	Sponsoring Agency
Orientation Programme	ASC, University of Kerala	28 days	UGC
Refresher Course	ASC, University of Kerala	21days	UGC
Refresher Course	ASC, University of Kerala	21days	UGC
Short Term Course	UGC –HRDC University of Kerala	8 days	UGC
Short Term Course	UGC –HRDC University of Kerala	8 days	UGC

V. PUBLICATION IN PEER-REVIEWED OR UGC OR UNIVERSITY LISTED JOURNALS

Sl. No.	Title with page Nos.	Journal	UGC/ University/ ISSN/ISBN No	Whether peer reviewed or not
2022-2023				
01	Dr. Sheeja PR, Dr. Gayathry CP. Performance of Asha (Accredited social health activists) workers in Reproductive and Child Health Programme.	Int J Home Sci 2022;8(3):306-308.	ISSN Number: 2395-7476	Peer - reviewed
2021-22				
02.	Dr. Sheeja PR. Influence of Socio Economic Factors on the Job Performance of Female Health Workers in RCH Programme	The Indian Journal of Home Science	ISSN 0970 2733 IHMSF-33(1-258)	CARE Listed
2018 - 2019				
03	Dr. Sheeja PR. A study on the job related factors affecting the performance of ASHA workers in RCH programme Page no. 5	Echoes of Research	ISSN 2348-2680	Peer- reviewed
04	Dr. Sheeja PR. Performance Assessment of ASHA workers in RCH Programme Page.No. 91-95	Literary Findings International Journal of Multi disciplinary Research	ISSN 2278-2311	Peer reviewed
05	Dr. Sheeja PR. Knowledge of FHWs in RCH Programme in TVPM District	Conference proceedings of International Seminar	ISBN 97881928506 2-7	

	Page no.91-97	Development communication and Endo Nutrition		
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VI. BOOKS AND CHAPTERS IN EDITED VOLUMES/BOOKS

2021-22	
1	Edited the book titled “Laboratory Manual for Students of B.Sc Home Science”, ISBN: 978-81-949580-7-9, June 2021.

2022-23	
1	Published a chapter titled “Public Health Nutrition: Concepts and Components” in the book titled Research Innovations in Food, Nutrition & Dietetics, ISBN: 978-93-91923-01-3, October, 2022 Pages: 211-221.

VII. CURRICULUM DEVELOPMENT AND ASSESSMENT OF THE AFFILIATING UNIVERSITY/ REPRESENTATION IN ACADEMIC BODIES

Year	Name of the body in which full time teacher participated
2017-2018	Kerala University Examinations Chairman
2018-2019	Board of Studies Member, Kerala University Kerala University Examinations Deputy Chairman
2019-2020	Board of Studies Member, Kerala University Kerala University Examinations Deputy Chairman
2020-2021	Board of Studies Member, Kerala University Kerala University Examinations Chairman
2021-2022	Academic Council Member, Kerala University Board of Studies Member, Kerala University Board of Studies Member, MG University Kerala University Examinations Deputy Chairman

2022-2023	Academic Council Member, Kerala University Board of Studies Member, Kerala University Board of Studies Member, MG University Kerala University Examinations Deputy Chairman
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